

The Corinthian Yacht Club

2009 International Regatta for Nordic Folkboats

Sailing Instructions

September 13-19, 2009

1. **RULES:** The Current (2009-2012) Racing Rules of Sailing (RRS) shall govern except as modified by the Nordic Folkboat Class Rules or these sailing instructions. Changing RRS 40, USCG approved personal flotation devices shall be worn while racing. Flag 'Y' will not be displayed. Changing RRS 44.1, the "Two-Turns" penalty only applies to Part 2 rules *broken while in the zone*, (three boat-lengths of a mark, not including starting marks), a boat breaking Part 2 rules *outside the zone* may take a One-Turn Penalty. All other provisions of RRS 44.1 still apply. ***It is the sole responsibility of each yacht to decide whether or not to start or continue the race.***
2. **NOTICES TO COMPETITORS:** Will be posted on the Race bulletin board in the Corinthian Yacht Club. There will be a competitors' meeting and briefing session at 0930, Monday, September 14.
3. **CHANGES TO THE SAILING INSTRUCTIONS:** Any changes will be posted before 0930 on the day it will take effect, except that any change to the schedule of races will be posted by 1900 on the day before it will take effect.
4. **BORROWED BOATS:** Foreign entrants not having their own boat will sail boats borrowed from owners in the San Francisco Bay Folkboat Association. Boats will be prepared and managed by the Folkboat Technical Committee.
 - a. Boat assignments for foreign entrants will be decided by drawing on Sunday, September 13 and will be posted on the official notice board.
 - b. Borrowed boats shall be raced "as is". Competitors may not seek redress for errors or omissions on the part of the Organizing Authority in preparing the boats. This changes RRS 62.1(a)
 - c. The boats supplied to the competitors shall not be modified in any way with the exception of the following:
 - i. wind indicators may be taped or tied anywhere on the boat
 - ii. chafing tape may be used anywhere above the water line
 - iii. teams may use their own sails
 - iv. other modifications as approved by the Technical Committee.
 - d. All equipment provided with the borrowed boat for sailing purposes shall be in the boat when racing. The penalty for not complying with the above instructions will be disqualification from all races sailed in which the instruction was broken.
 - e. Decisions concerning the use of spare boats will be made by the Race Committee in conjunction with the Folkboat Technical Committee.
5. **BOAT CONDITION DECLARATIONS:** Each skipper of a borrowed boat will be provided with Boat Condition Declaration forms for reporting boat conditions. A declaration shall be completed, indicating the condition of each boat sailed that day, and handed into the Folkboat Technical Committee representative after the last race of each day. A skipper who does not submit a declaration by the close of the protest period will be scored DNF for the last race of that day. Any breakdown of gear, loss of equipment or damage, whether materially affecting the boat's performance or not, must be stated in the declaration. Failing to do so will be regarded as a violation of these rules and will subject the skipper to protest and possible disqualification. In case of discrepancies, the report shall be signed by the Folkboat Technical Committee representative and the skipper before the boat is considered properly returned. The Damage Deposit for a borrowed boat is *per incident*. Should an incident occur, an additional damage deposit shall be submitted.
6. **BREAKDOWNS:** Changing RRS 44.3, a yellow flag will be used to indicate breakdown, not "take a Scoring Penalty." The skipper of a borrowed boat that is requesting special consideration due to a breakdown shall make every reasonable attempt to display Code Flag Q (yellow) from the backstay promptly after the breakdown occurs and shall keep it flying until acknowledged by the race committee. Boats suffering a breakdown should finish the race if at all possible, unless further serious damage to the boat would result. The Jury may, in its sole discretion, award Breakdown Points to maintain fair and equitable competition.

Sailing Instructions, cont.

- 7. SIGNALS:** Signals made ashore will be displayed from the main flagpole located adjacent to the clubhouse. Starting signals will be in accordance with RRS rule 26 and signaled from the RC boat. The Race Committee may make announcements during the start sequence on VHF channel 72. If yachts are OCS at the start, the Race Committee will signal with a Flag (per RRS) and horn. In addition the RC may hail OCS yachts with their sail number. Changing RRS 62.1(a), neither failure of the race committee to communicate the sail number of recalled boats in a timely manner, nor failure of a recalled boat to receive or hear transmitted information, will be grounds for redress.
- 8. CHECK-IN:** All boats intending to race shall check in with the Race Committee while sailing by the committee boat on starboard tack prior to the first warning signal. A boat leaving the racing area or retiring from the race shall notify the Race Committee by radio.
- 9. PROHIBITIONS:** All boats shall race with three persons on board. Boats shall not be scrubbed or cleaned below the waterline during the Regatta. Only electronic tactical compasses, knot-meters, clocks and VHF radios may be used on boats while racing. Other electronic navigational aids (including GPS receivers and mobile telephones) shall not be used while racing. The Folkboat Regatta is a Category A event.
- 10. TIME LIMIT:** Changing RRS 35 and A4.1, boats failing to finish within fifteen (15) minutes after the time the first boat sails the course and finishes that race may be assigned a finishing position by the Race Committee.
- 11. RADIO:** The Race Committee will monitor VHF Channel 72. Racers shall advise the Race Committee on Channel 72 if they withdraw from the race. All yachts shall carry a working VHF radio while racing and shall monitor the designated working channel.
- 12. INTERFERENCE WITH COMMERCIAL TRAFFIC:** Yachts are reminded to at all times observe Rule 9 in the USCG Navigation Rules. Any yacht disregarding Rule 9 shall be subject to protest, disqualification, and scored DNE upon notice from any competitor, government agency, or the operator of any vessel to which Rule 9 applies.
- 13. SCORING:** The Low Point System, RRS Appendix A, will apply and a minimum of four races will constitute a series. Changing RRS A2, there will be one throw-out only if seven races are completed, if fewer than seven races have been completed, a boat's series score will be the total of her race scores. Changing RRS A4.2, yachts not finishing (DNF) will be scored "finishers plus one."
- 14. PROTESTS:** Protests will be accepted in accordance with the RRS and must be submitted to the Race Committee at the Regatta Table within one hour after the RC boat returns to the Club. Forms will be available at the Regatta Table. Notices of protest, including those by the Race Committee or Jury, will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties. A race committee member intending to protest a boat for an incident during the race will attempt to hail "protest" to that boat. Redress will not be given if such hail is not made or is delayed. This changes RRS 61.1(b) and 62.1(a). RRS 66 is changed so that on the last day of the regatta, a request for re-opening a hearing shall be delivered: within the protest time limit if the party requesting reopening was informed of the decision on the previous day; or, no later than 30 minutes after the party requesting reopening was informed decision on that day.

Sailing Instructions, cont.

15. STARTING TIMES AND SIGNALS: The times shown are the scheduled starting times for the first race of each day. Additional races will follow the completion of the first race. NOTE: The Class Warning for subsequent starts will be approximately 10 minutes after the last finisher in the prior start.

TIME	EVENT	VISUAL	SOUND
1200	Class Warning	Class Flag Up	Gun
1201	Class Preparatory	Prep Flag Up	Gun
1204	One minute to start	Prep Flag down	Horn
1205	START race	Class Flag Down	Gun

DATE	FIRST WARNING SIGNAL	NO. OF RACES	VENUE
Monday, Sept 14	1200	Tune-up	Knox Race Area
Tuesday, Sept 15	1200	2	Olympic Circle
Wednesday, Sept 16	1200	2	S.F. City Front
Friday, Sept 18	1200	2	Knox Race Area
Saturday, Sept 19	1200	1	Knox Race Area

16. THE START: The Starting line will be between an orange shape on the Race Committee boat and an orange inflatable buoy.

17. THE FINISH: The Finish line will be between an orange shape on the Race Committee boat and an orange inflatable buoy.

18. DESCRIPTION OF MARKS: (NOTE, marks will *not* show the letters indicated below)

1. **W = WEATHER MARK** (Orange inflatable buoy about 1.8nm from 'G')
2. **O = OFFSET MARK** (Orange inflatable buoy about ten boat lengths from 'W')
3. **G = LEEWARD GATE** (Two orange inflatable buoys about six boat lengths apart)

19. COURSES: After passing through the gate, boats may round either 'G' buoy, Port or Starboard.

1. **START — W — O — G — FINISH** (Port Rounding)
2. **START — W — O — G — FINISH** (Starboard Rounding)
3. **START — W — O — G — W — O — G — FINISH** (Port Rounding)
4. **START — W — O — G — W — O — G — FINISH** (Starboard Rounding)

RESTRICTED AREAS: The following markers shall be left to shoreward: Anita Rock and any buoy marking same and the vertical 'H' beam off the Water Quality Control Plant west of St.FYC.