

# 2019 International Regatta for Nordic Folkboats

## September 29 – October 4, 2019

### Corinthian Yacht Club

## Sailing Instructions

As amended (amendment 1) changing SI 15

1. **RULES:** The regatta will be governed by the rules as defined in The Racing Rules of Sailing including the US Sailing Prescriptions (“RRS”).
  - a. Competitors shall wear USCG or ISO-certified lifejackets at all times while racing, except briefly while changing or adjusting clothing or personal equipment. Flag Y will not be displayed. This changes RRS 40.
  - b. Nordic Folkboat International Association Class rules 2017 – 2020,
  - c. Appendix V1 of the RRS shall apply.
2. **NOTICES TO COMPETITORS:** Notices will be posted on the Race bulletin board in the Corinthian Yacht Club. There will be a competitors meeting and briefing session at 0930, Monday, September 30.
3. **CHANGES TO THE SAILING INSTRUCTIONS:** Any changes to the sailing instructions will be posted before 0930 on the day that they will take effect, except that any change to the schedule of races will be posted by 1900 on the day before it will take effect.
4. **BORROWED BOATS:** Foreign entrants not having their own boat will sail boats borrowed from owners in the San Francisco Bay Folkboat Association (SFBFA). Boats will be prepared and managed by the SFBFA Technical Committee. The SFBFA Technical Committee will comprise of Peter Jeal, Tom Reed Sr. and James Vernon.
  - a. Boat assignments for foreign entrants will be decided on Sunday, September 29, and will be posted on the Race bulletin board.
  - b. Borrowed boats shall be raced “as-is”. Competitors may not seek redress for errors or omissions on the part of the SFBFA Technical Committee in preparing the boats. This changes RRS 62.1(a).
  - c. The boats supplied to the competitors shall not be modified in any way except for the following:
    - i. Wind indicators may be taped or tied anywhere on the boat
    - ii. Chafing tape may be used anywhere above the waterline
    - iii. Teams may use their own sails
    - iv. Other modifications as approved by the SFBFA Technical Committee
  - d. All required equipment provided with the borrowed boat for sailing purposes shall be in the boat when racing. The penalty for not complying with the above instructions will be disqualification from all races sailed in which the instruction was broken.
5. **BOAT CONDITION DECLARATIONS:** Each skipper of a borrowed boat will be provided with Boat Condition Declarations forms for reporting boat conditions. A declaration shall be completed, indicating the condition of each boat sailed that day, and handed into the SFBFA Technical Committee after the last race of each day. A skipper who does not submit a declaration by the close of the protest period will be scored DNF for the last race of that day. (This changes RRS A4 and A5) Any breakdown of gear, loss of equipment or damage, whether materially affecting the boats performance or not, must be stated in the declaration. Failing to do so will be regarded as a violation of these rules and will subject the skipper to protest and possible disqualification. In case of discrepancies, the report shall be signed by the SFBFA Technical Committee and the skipper before the boat is considered properly returned. The Damage Deposit for a borrowed boat is per *incident*. Should an incident occur, an additional damage deposit shall be submitted.
6. **BREAKDOWNS:** The skipper of a borrowed boat that is requesting special consideration due to a breakdown shall make every reasonable attempt to hail the race committee by VHF radio promptly after the breakdown

occurs. Boats suffering a breakdown should finish the race, if at all possible, unless further serious damage to the boat would result.

7. **SIGNALS:** Signals made ashore will be displayed from the main flagpole located adjacent to the clubhouse. Starting signals will be in accordance with RRS 26 and signaled from the RC Boat. The Race Committee may make announcements during the start sequence on VHF Channel 71. The Race Committee may attempt to hail boats that are OCS by hailing on VHF, but the failure to do so, or the failure of a boat to hear a hail, will not constitute grounds for redress. This changes RRS 62.1(a).
8. **STARTING TIMES AND SIGNALS:** The times shown are the scheduled warning times for the first race of each day. Additional races may follow the completion of the first race. NOTE: The Class Warning for subsequent starts may be approximately ten minutes after the last finisher in the prior start. The Race Committee may decide to start fewer than three races per day. If so, the flags AP over A will be displayed indicating "Races not yet started are postponed. No more racing today."

DATE	FIRST WARNING SIGNAL	NUMBER OF RACES	VENUE
Monday, August 28	1200	Tune-Up Race(s)	Knox Racing Area
Tuesday, August 29	1100	3 Races	TBA
Wednesday, August 30	1100	3 Races	TBA
Thursday, August 31	1100	3 Races	TBA
Friday, September 1	1100	2 or 3 Races	TBA

9. **THE START AND FINISH:** The Starting and Finish line will be between a staff on which an orange is flying on the Race Committee boat and a red or orange conical inflatable buoy. A limiting mark may be set which shall be considered a part of the Race Committee boat.
10. **VENUES:** Racing areas will be announced by 5pm the day before each day's racing. Race areas may be changed by announcement at the Clubhouse or via on-the-water hail and display of the Lima flag..
11. **DESCRIPTION OF MARKS:** (NOTE: Marks will **NOT** show the letters indicated below)
  1. **W = WEATHER MARK** (Red conical inflatable buoy approximately 1.8nm from 'G')
  2. **O = OFFSET MARK** (Red conical inflatable buoy approximately ten boat lengths from 'W')
  3. **G = LEEWARD GATE** (Two orange conical inflatable buoys approximately six boat lengths apart)
12. **COURSES:**
  1. **START – W – O – G – FINISH** (Port Rounding)
  2. **START – W – O – G – FINISH** (Starboard Rounding)
  3. **START – W – O – G – W – O – G – FINISH** (Port Rounding)
  4. **START – W – O – G – W – O – G – FINISH** (Starboard Rounding)
13. **OBSTRUCTIONS, RESTRICTIONS:** For safety reasons, each of the lines bounded by the two points in the list below is an obstruction. A boat may not pass between them and may not "unwind" her course to correct a violation. This changes RRS 28.2.
  - a. Anita Rock Light (Light List 4290) and an unmarked buoy (located 150 yards NW of Anita Rock Light). The unmarked buoy may be missing. Boats are cautioned to avoid the shallow area to the west of the Anita Rock Light.
  - b. The "H" Beam piling (located approximately 200 yards west of StFYC) and the closest point ashore.
  - c. The Green and Red Bell buoy off the west end of Alcatraz Island and the closest point ashore.
  - d. The Green buoy (#3) south of Point Blunt, Angel Island and the closest point ashore.
  - e. The wave attenuator at the entrance to the SF Small Craft harbor and the closest point to the shore to the south.
  - f. The wave attenuator at the entrance to the SF Small Craft harbor and the closest point to the shore to the north.

14. **CHECK-IN:** All boats intending to race shall check in with the Race Committee by sailing near the RC Boat on starboard tack prior to the first warning signal.
15. **PROHIBITIONS:** All boats shall race with the number of persons on board as specified by the class rules. Boats shall not be scrubbed or cleaned below the waterline during the regatta.
16. **TIME LIMIT:** Boats failing to finish within thirty (30) minutes after the time the first boat sails the course and finishes that race will be scored TLE (Time limit expired) by the Race Committee. This changes RRS 35, A4.1, and A5.
17. **RADIO:** The Race Committee will monitor VHF Channel 71. Racers shall advise the Race Committee on Channel 71 if they retire from a race. All yachts shall carry a working VHF radio while racing.
18. **INTERFERENCE WITH COMMERCIAL TRAFFIC:** Boats shall not impede the passage of a vessel that can safely navigate only within a narrow channel or fairway (See chart 18649 for designated narrow channels and fairways of SF Bay) or fishing or other vessels with restricted ability to maneuver. Boats identified who endanger their own safety, other sailboats, or that of a commercial or government vessel will be subject to protest by a Race Committee (RC) or contestant and face possible disqualification. RRS 60.3 is modified to add (d) to read: A hearing for allegations of the above will be instigated by a protest committee if notified by government, commercial or individual vessel of possible infraction. It shall also extend the time limit under RRS 61.3 to accept the information. A DSQ for a safety violation shall be considered as a disqualification not excludable (DNE).
19. **SCORING:** The Low Point System, RRS Appendix A, will apply. One race must be completed to constitute a series. There will be one throw-out for each five races sailed.
20. **PROTESTS:** Protests will be accepted in accordance with RRS and must be submitted to the Race Committee at the Regatta Table within one hour after the RC Boat returns to the club. Forms will be available at the Regatta Table. Notices of Protest, including those by the Race Committee or Jury, will be posted within thirty minutes of the protest time limit to inform competitors of hearings in which they are parties.